PISCATAQUIS REGION FOOD RESOURCE GUIDE

Free & Low-Cost Community Meals

Dover Foxcroft Congregational Church

824 West Main St, Dover Foxcroft (207) 564-2872 Free Community Dinner Mondays 5:00pm

The Gatherings

4 Main Street, Dexter (207) 924-2088 Mondays and Wednesdays 12:00pm-1:30pm Donation or for free

Corinth United Methodist Church

275 Main Street • Corinth, Maine (207) 285-3557 Free Bean Dinner, 2nd Sat Monthly 1:00pm-3:00pm

Community Cafe* American Legion

18 W Main Street, Milo (207) 943.2488 Thursdays 11:00am *There is a small fee for this meal

Food Pantries

Dover-Foxcroft Area Food Center

76 North Street, Dover-Foxcroft (207) 802-8230 By Appointment Tues., Thurs., & Fri. One late night each month

Safe Place Pantry

328 Main St. Corinth, ME (207) 299-7671 1st & 3rd (Full Week) Wed & Thursday 9:00am-3:30pm

Guilford Partnership Pantry

84 Elm Street, Guilford (207) 518-8833 2nd & 4th Friday 12:00pm-3:00pm

Blue Cross Food Cupboard

4895 Bennoch Rd., Lagrange (207) 949-0367 Wed. 11:00am-1:00pm/Sat. 8:00am-10:00am

Dexter Community Food Closet

130 Spring Street, Dexter (207) 924-7419 1st Wednesday 8:00am-9:00am

Dexter Food Distribution

Municipal Pkg Lot Behind Bangor Savings Bank 1st Wednesday 11:00am-1:00pm

Sangerville First Universalist Church Pantry

Sangerville, ME (207)-876-4926 1st & 3rd Wednesday 9:00am-11:00am

Greenville Partnership Pantry New Life Church

60 Mayhew Manor Rd, Greenville (207) 735-6564 1st and 3rd Monday 12:00pm-1:00pm

Dyers Hope House (Milo)

17 Park Street, Milo (207) 279-1614 Weeks 1-4, Every Thursday 9:00am-1:00pm

American Legion Food Pantry

218 Pritham Ave, Greenville (207) 695-3248

If you are in urgent need of food, or if you are unable to leave your home to reach a food distribution site, please contact PRFC to learn what services may be available to you. 207-802-8230

Programs & Agencies

SNAP 28 High St. Bangor, ME 04401 1-800-442-6003

www.maine.gov/mymaineconnection

Supplemental Nutrition Assistance Program for low in- come individuals and families

Eastern Area Agency on Aging 240 State St Brewer, ME 04412 (207) 941-2865 or 1-800-432-7812 https://www.eaaa.org

Assisting Seniors with Meals on Wheels, Caregiver Respite Program, Furry Friends Food Bank and Commodity Supplemental Food Program

PENQUIS Community Action Program 50 North St Dover Foxcroft, ME (207) 564-7116

8:00am - 4:30pm DHHS Office Hours; 1st Thursday of the month.

LIAP-Low Income Assistance Plan 1-877-544-3271

helps low-income homeowners and renters pay for electricity costs by providing a credit on their electric bills Women, Infant & Children WIC 103 Texas Ave. Bangor, ME (207) 992-4570

https://www.maine.gov/dhhs/mecdc/population-health/wic

Service: Assisting pregnant women and children who are at nutritional risks

Lynx Transportation (207) 974-2420 or 1-855-437-5883 https://www.penquis.org/services/transportation

Assists MaineCare recipients with rides to medical appointments. Also offers Lynx Mobility Services which offers transportation for every-daily needs.