# IMPACT REPORT 20224

76 NORTH ST. DOVER FOXCROFT, ME 04426

Phone : **207.802.8230** 

prfoodcenter.org

## Piscataquis Regional Food Center

Established in July 2017, PRFC is a 501C3 and the only Piscataquis organization focused solely on helping people access healthy foods. PRFC's programs emphasize serving low-income families, especially those geographically isolated or homebound.

In 2021, we became the last-mile distributor for Good Shepherd Food Bank redistributing pallets of food to 18 regional food pantries, medical centers, and schools. In the fall of 2022, PRFC stepped in to rescue the failing local food pantry and is now home to the Dover Foxcroft Area Food Center.

PRFC's overarching goal is to help people, especially underserved and low-income households, access and enjoy healthy food. We want to help people live healthy, happy lives regardless of their financial and social status. We want to restore dignity to the people who need our services by providing easy access to food. That means offering home deliveries for those who cannot reach a food organization due to disability or lack of transportation and eliminating barriers to food access for those who visit the Food Center.





info@prfoodcenter.org

### Programs

Delivery

Last-mile distribution for Good Shepherd Food Bank to 22 community, church, and school food agencies.

#### Food Center

2

In February 2023, PRFC opened the Dover Foxcroft Area Food Center, a marketplace style food pantry designed to provide food choice with dignity and compassion. In 2024 the Food Center served 190 area households a week.

Home Deliveries - Expanding upon our home delivery program of Commodity Supplemental Food Program boxes, in 2022 PRFC began home deliveries of groceries for homebound households and individuals in Piscataquis, Penobscot and Somerset Counties.



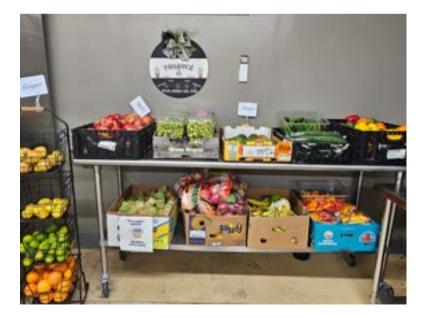
In addition to deliveries and the Food Center, PRFC has several programs tailored to meet the needs of low-income, rural families and individuals.

**Healthy Additions** - PRFC sources healthy and nutritious food to provide shoppers with items like leafy greens, mushrooms, seeds, nuts and whole grains.

**Senior Commodity Food Boxes** -- PRFC proudly partner with Eastern Agency Area on Aging, and host drive-through distribution of Commodity Food Boxes each month. PRFC offers home delivery of CSFP boxes for homebound senior residents.

#### Monthly Mobile Food Distribution:

Management of on-site food distributions in locales with insufficient or no established food pantries.



## **2024** By the Numbers



**3,301** Hours donated by volunteers in 2024



40,120 Pounds of Fresh Rescue

7,097 Completed Food C

Completed Food Center Shopping Visits 14,454

People served by the Food Center

**42** Towns Served



**35,485** Bags of Groceries Packed (estimated)

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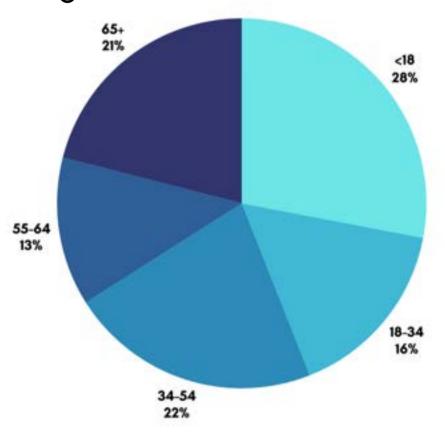


## **Shopper Finances**

\$1,765 Average Monthly Income 207 Households Receive SNAP

186 Households Receive LIHEAP

#### Ages of Those We Serve



2024
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	People		People
Town	Served	Town	Served
Abbot	186	Hartland	34
Atkinson	172	Howland	1
Bangor	3	Kenduskeag	13
Barnard	9	LaGrange	86
Blanchard	24	Medford	32
Bowerbank	63	Milo	486
Bradford	47	Monson	423
Brewer	14	Newport	15
Brownville	402	Orneville	6
Cambridge	40	Parkman	131
Charleston	90	Ripley	41
Corinna	20	Rockwood	12
Corinth	46	Saint Albans	67
Dexter	509	Sangerville	566
Dover-Foxcroft	2140	Sebec	221
Edinburg	15	Shirley	35
Exeter	3	Wellington	15
Garland	155	Williamsburg	45
Greenville	121	Willimantic	87
Guilford	639	Winterport	10
Harmony	19		

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## PRFC 2024 Distribution Partners

1. American Legion Food Pantry (Greenville) 2. Corinna UMC Food Pantry 3. Dyer's Hope House (Milo) 4. Eastern Area Agency on Aging - Corinna 5. Eastern Area Agency on Aging - Dexter 6. Eastern Area Agency on Aging – Milo 7. Eastern Area Agency on Aging - Newport 8. Gateway Food Bank (Newport) 9. Harmony Cares Food Pantry 10. Heart of Maine (Dexter) 11. Hometown Health (Newport) 12. Mayo Regional Hospital 13. Milo Elementary School 14. Newport Community Food Bank 15. Nokomis High School (Newport) 16. Northern Light Charles A Dean Hospital (Greenville) 17. Northern Light Charles A Dean Primary Care (Sangerville) 18. Penquis Valley High School (Milo) 19. Ridgeview Community School (Dexter) 20. Sebasticook Valley Health (Pittsfield) 21. Sedomocha Middle School

22.UUC Sangerville Food Pantry

































## Make a Difference in Your Community

## Volunteer

Whether you are a people person who is a born conversationalist, or someone who likes everything neat and lined-up, we have the role for you. Contact us at info@prfoodcenter.org or by phone at 207-802-8230.

## Donate Food

Drop-off food and personal care items at the Food Center weekedays between 8:30am-3:30pm. Choose from our most needed items, the abundance grown in your garden, or any other non-expired shelf-stable food.

## **Donate Funds**

Make an immediate impact in your community with a donation of funds, or a monthly gift. Donations may be made online at: www.prfoodcenter.org or by check mailed to us at 76 North St. in Dover Foxcroft, Maine 00426.