

# IMPACT REPORT 2023



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[prfoodcenter.org](http://prfoodcenter.org)

# Piscataquis Regional Food Center

Established in July 2017, PRFC is a 501C3 and the only Piscataquis organization focused solely on helping people access healthy foods. PRFC's programs emphasize serving low-income families, especially those geographically isolated or homebound.

In 2021, we became the last-mile distributor for Good Shepherd Food Bank redistributing pallets of food to 18 regional food pantries, medical centers, and schools. In the fall of 2022, PRFC stepped in to rescue the failing local food pantry and is now home to the Dover Foxcroft Area Food Center.

PRFC's overarching goal is to help people, especially underserved and low-income households, access and enjoy healthy food. We want to help people live healthy, happy lives regardless of their financial and social status. We want to restore dignity to the people who need our services by providing easy access to food. That means offering home deliveries for those who cannot reach a food organization due to disability or lack of transportation and eliminating barriers to food access for those who visit the Food Center.



[info@prfoodcenter.org](mailto:info@prfoodcenter.org)



# Programs

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## Delivery

Last-mile distribution for Good Shepherd Food Bank to 21 community, church, and school food agencies.

In addition to deliveries and the Food Center, PRFC has several programs tailored to meet the needs of low-income, rural families and individuals.

**FarmShare for Homebound Seniors** - For seven years PRFC has made healthy, local, produce available to homebound seniors in our community. The full service program includes weekly custom orders from local farms and doorstep delivery from July through October.

### **Senior Commodity Food Boxes** --

PRFC proudly partner with Eastern Agency Area on Aging, and host drive-through distribution of Commodity Food Boxes each month. PRFC offers home delivery of CSFP boxes for homebound senior residents.

**Smile Program** - PRFC collects dental care products for distribution throughout the Maine Highlands to support dental care for children and their families.

**Monthly Mobile Food Distribution:** Management of on-site food distributions in locales with insufficient or no established food pantries.

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## Food Center

In February 2023, PRFC opened the Dover Foxcroft Area Food Center, a marketplace style food pantry designed to provide food choice with dignity and compassion. The Food Center serves 180 area households a week.

Home Deliveries - Expanding upon our home delivery program of Commodity Supplemental Food Program boxes, in 2022 PRFC began home deliveries of groceries for homebound households and individuals in Piscataquis, Penobscot and Somerset Counties.



# 2023

## By the Numbers

### 806,228

Pounds of food delivered to our agency partners in 2023



### 3,301

Hours donated by volunteers in 2023

### 1,115

Home Deliveries



Top FarmShare items in 2023:

Cucumbers - 85

Peppers - 65



### 5,073

Completed Food Center Shopping Visits

### 9,212

People served by the Food Center

### 45

Towns Served



Dover Foxcroft Area  
FOOD CENTER

### 15,219

Bags of Groceries Packed (estimated)

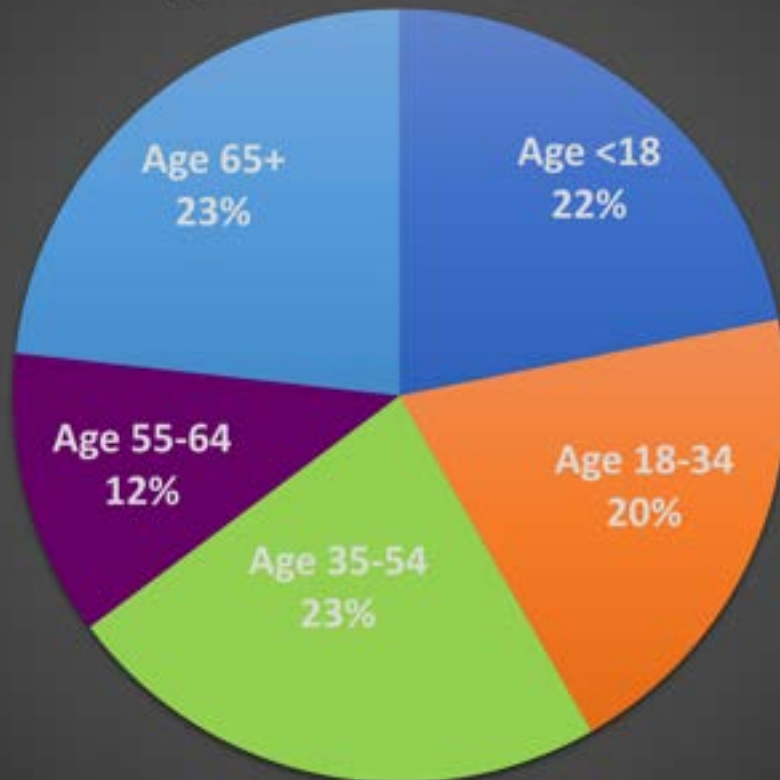
# Shopper Finances

**\$1,704**  
Average Monthly  
Income

**175** Households  
Receive SNAP

**168** Households  
Receive LIHEAP

Age of those we serve



# 2023

Town	People Served
Abbot	164
Alton	1
Atkinson	160
Barnard	5
Blanchard	28
Bowerbank	17
Bradford	78
Brewer	17
Brownville	206
Cambridge	28
Charleston	38
Corinna	50
Corinth	7
Derby	11
Dexter	516
Dover-Foxcroft	1382
Edinburg	13
Eliotsville Township	3
Exeter	2
Garland	147
Greenville	124
Guilford	405

Town	People Served
Harmony	12
Hartland	23
Kenduskeag	10
Kingsbury Plantation	3
Kingsbury Pond	7
LaGrange	85
Lakeville	10
Lincoln	2
Medford	17
Milo	286
Monson	240
Newport	22
Parkman	78
Ripley	86
Rockwood	17
Saint Albans	67
Sangerville	378
Sebec	105
Shirley	57
Williamsburg	30
Willimantic	27
Winterport	5

# PRFC 2023

## Distribution Partners

1. American Legion Food Pantry (Greenville)
2. Corinna UMC Food Pantry
3. Dyer's Hope House (Milo)
4. Eastern Area Agency on Aging - Corinna
5. Eastern Area Agency on Aging - Dexter
6. Eastern Area Agency on Aging - Milo
7. Eastern Area Agency on Aging - Newport
8. Gateway Food Bank (Newport)
9. Harmony Cares Food Pantry
10. Heart of Maine (Dexter)
11. Mayo Regional Hospital
12. Milo Elementary School
13. Newport Community Food Bank
14. Nokomis High School (Newport)
15. Northern Light Charles A Dean Hospital (Greenville)
16. Northern Light Charles A Dean Primary Care (Sangerville)
17. Penquis Valley High School (Milo)
18. Ridgeview Community School (Dexter)
19. Seabasticook Valley Health (Pittsfield)
20. Sedomocha Middle School
21. UUC Sangerville Food Pantry









# Make a Difference in Your Community

## **Volunteer**

Whether you are a people person who is a born conversationalist, or someone who likes everything neat and lined-up, we have the role for you. Contact us at [info@prfoodcenter.org](mailto:info@prfoodcenter.org) or by phone at 207-802-8230.

## **Donate Food**

Drop-off food and personal care items at the Food Center weekdays between 8:30am-3:30pm. Choose from our most needed items, the abundance grown in your garden, or any other non-expired shelf-stable food.

## **Donate Funds**

Make an immediate impact in your community with a donation of funds, or a monthly gift. Donations may be made online at: [www.prfoodcenter.org](http://www.prfoodcenter.org) or by check mailed to us at 76 North St. in Dover Foxcroft, Maine 00426.